



## **Alzheimer's Disease and Dementia:**

### **Behavioral Challenges, Treatments and Management Workshop**

**VENUE:** 266 South Orange Ave, Newark NJ 07103  
**DATE:** To be determined  
**TIME:** 8:00 am - 4:00 pm  
**CE:** Receive 7 Credits on General Social Work Practice

#### **PROGRAM OBJECTIVES:**

This workshop aims at encouraging positive understanding for patients with Alzheimer's disease and dementia. It focuses on ways to improve patient's health, nursing care and social work skills in managing the behavioral challenges associated with this disease.

#### **LEARNING OUTCOMES:**

- After completing the course, participants will be able to describe the symptoms of Alzheimer's disease.
- Will have a general overview of Alzheimer's disease
- Identify terminologies associated with AD
- Communication and feelings (verbal and non-verbal)
- Identify the behavior of the AD patient
- Understand the keys to managing challenging behaviors
- Explain and illustrate the differences between a healthy brain and a brain with Alzheimer's disease
- The brain and Alzheimer's effects on the neurons
- Will be able to list ways of reducing risks of developing Alzheimer's disease.
- Counselling, spiritual needs and end of life issues

## **COURSE TARGET:**

Beginning level

## **INSTRUCTORS QUALIFICATION:**

**Mrs. Veronica Onwunaka**, RN, Administrator, NCECF, BSN, MA, CDP, CADDCT  
**Sr. Monique Ejim, DMMM**; M. Ed., MSSc., EdM Learning Cog & Dev. NJCOT,  
CDP, CADDCT

## **COURSE OUTLINE:**

### **1. Registration and breakfast (7:30 am)**

**8:00 – 9:00 am**

- 1.1. Welcome and Introductions
- 1.2. Objectives of the training analyzed
- 1.3. Pretest on Alzheimer's disease

**9:00 – 11:30 am**

### **2. General overview of Alzheimer's disease**

- 2.1. Definition: Normal aging, dementia, delirium, delusion & hallucination
- 2.2. Terminologies associated with AD
- 2.3. Historical aspects of AD
- 2.4. Research on AD
- 2.5. Types and stages of AD
- 2.6. Current theories on AD

### **3. Treatment of Alzheimer's disease**

- 3.1. Communication and feelings (verbal and non-verbal)
- 3.2. Current drug treatment of AD
- 3.3. Non-drug interventions
- 3.4. Risk factors of AD
- 3.5. Personal care

### **SHORT BREAK (11:30 am – 12:00 pm)**

**12:00 – 1:30 pm**

### **4. Behavior of the AD patient**

- 4.1. When behavior becomes a problem
- 4.2. Types of problem behavior
- 4.3. Depression and repetitive behaviors
- 4.4. Wandering (Types of Wandering)
- 4.5. Aggression

- 4.6. Hallucinations and paranoia
- 4.7. Catastrophic reactions

## **5. Keys to managing challenging behaviors**

- 5.1. Cues and Clues
- 5.2. Medication
- 5.3. Activity modification and creative intervention
- 5.4. Environment, staff and family support

## **LUNCH (1:30 - 2:15 pm)**

**(2:15 – 4:30 pm)**

## **6. The brain and Alzheimer's effects on the neurons**

- 6.1. Anatomy of the brain
- 6.2. The aging brain
- 6.3. AD and behavior
- 6.4. Memory activities

## **7. Communication and Daily Living of the older adults' patients**

- 7.1. Real life case study on AD
- 7.2. Activities of daily living with AD (ADLs)
- 7.3. Diversity and cultural competence

## **8. Counselling, spiritual needs and end of life issues**

- 8.1. Cross cultural awareness
- 8.2. Psycho-Spiritual counselling
- 8.3. Psychosocial context of dying
- 8.4. Grief and loss

**(4:30 – 5:00 pm)**

## **9. Question and Answer session**

## **10. Post-test on AD**

## **11. Class evaluation**

## **12. Issuing of certificate of completion**

## **13. Closing remarks**

**Course fees:** \$0

**Cancellations fee:** \$0

### **Ethical conduct:**

Our class ensures that professional social workers attending this seminar conduct themselves professionally. The core value of this profession is rooted in understanding conduct and human behaviors. We encourage good moral character and expect full and highest degree of integrity and in their professional practices.

If you have questions about our integrity and other complaints, you may follow the grievance process below.

### **Grievance policy/complaint process:**

It is the aim of the facility to provide satisfactory services to all the learners participating in this course. In case of any unforeseen circumstances learners can make their complaints through the following administrative procedures:

- ✚ Must have a clear complaint
- ✚ Give details of the concern
- ✚ Allow the facility to understand your reasons for the complaint
- ✚ Allow enough time for your case to be objectively reviewed
- ✚ Acknowledgment of your complaint will be issued followed by a thorough investigation
- ✚ Investigation of the complaint: The administrator, the nursing director and the case manager/professional development.
- ✚ Outcome of the complaint/feedback to be reported by the case manager

### **How to contact us:**

Monday to Friday (8:30 am – 6 pm)

Saturday - Sunday (10:00 am - 2:00 pm)

973-624-2020

[adiaz@newcommunity.org](mailto:adiaz@newcommunity.org)

#### **You may write us:**

Attn: Adalberto Diaz (Administrative Assistant)

266 South Orange Avenue

Newark, NJ 07103

### **BREAKFAST & REFRESHMENT WILL BE SERVED**

#### **RSVP**

Adalberto Diaz, Administrative Assistant

New Community Extended Care Facility

[adiaz@newcommunity.org](mailto:adiaz@newcommunity.org)

**973-585-9604**